

# Acupuncture Consent Form

This disclosure is to advise you of the credentials of the practitioners, the scope of practice for Acupuncture in the State of Washington, and to document your consent for services (WAC 246-802-120).

Credentials: Jun(June) Wu MS, L.Ac., is a candidate of Doctorate in Acupuncture and Eastern Medicine at Pacific College of Oriental Medicine. She received her Master's Degrees in Acupuncture and Oriental Medicine. She is currently an Acupuncture and Eastern Medicine Practitioners (AEMPs) in the State of Washington.

East Asian medicine means a health care service using East Asian medicine diagnosis and treatment to promote health and treat organic or functional disorders. The Scope of Practice for an East Asian medicine practitioner in the state of Washington includes the following:

- Acupuncture: The use of pre-sterilized, disposable acupuncture needles or lancets to directly or indirectly stimulate acupuncture points and meridians.
- Electrical, Mechanical or Magnetic Stimulation of Acupuncture Points: Using very small amounts of electricity to stimulate acupuncture points and meridians or using mechanical or magnetic devices to stimulate acupuncture points or meridians.
- Moxibustion: A soft woolly mass prepared from ground young leaves, typically in the form of sticks or cones, which are ignited and placed on or close to the skin or used to heat acupuncture needles.
- Acupressure: Traditional Chinese medical massage and manual therapy.
- Cupping: Cups are placed on the skin with a vacuum created by heat or suction device.
- Dermal-friction Technique (Gwa-hsa): Friction is applied topically to the skin using a smooth object to relieve symptoms.
- Infrared Heat: Applying heat generated by an infrared lamp over a specific area of the body.
- Aquapuncture: Point injection therapy
- Dietary Advice and Health Education Based on East Asian Medical Theory: Suggestions for nutrition and herbal food products including herbs, vitamins, minerals, and dietary and nutritional supplements.
- Breathing, Relaxation, and East Asian Exercise Techniques

- Qi Gong: an internal Chinese meditative practice that often uses slow graceful movements and controlled breathing techniques to promote the circulation of qi within the human body, and enhance a practitioner's overall health.
- East Asian Massage and Tui Na: Bodywork characterized by kneading, pressing, rolling, shaking, and stretching of the body. This does not include spinal manipulation.
- Liniments, Oils, and Plasters: herbal formulas applied topically to the skin. I recognize the potential benefits and risks of these procedures, which include but are not limited to:
  - Potential Benefits: Drugless relief of presenting symptoms and improved balance of body energies that may lead to the prevention, improvement or elimination of the presenting problem.
  - Potential Risks: Some pain following treatment in insertion area, minor bruising, a burn, blistering, bleeding, infection, numbness or tingling at or near the site of the procedure, temporary discoloration of the skin, broken needle, needle sickness, possible aggravation of symptoms existing prior to the acupuncture treatment, and dizziness or fainting. Unusual risks of acupuncture include spontaneous miscarriage, nerve damage, and organ puncture, including lung puncture (pneumothorax). Patients with bleeding disorders or pacemakers as well as pregnant patients should inform the practitioner prior to receiving treatment

I acknowledge that it is my responsibility to seek the advice of a medical doctor or other primary healthcare provider as I see fit to ensure that in the event of serious illness, I do not unknowingly delay necessary medical treatment. With this knowledge, I voluntarily consent to the above procedures, realizing that no guarantees have been given to me, regarding cure or improvement of my condition. I trust Jun (June) Wu L.Ac. EAMP to make the best medical judgement based on her knowledge and background and hereby release her from any and all liability, which may occur in connection with the above-mentioned procedures, except for failure to perform the procedures with appropriate medical care. I understand that I am free to withdraw this consent and to discontinue participation in these procedures at any time.

**PATIENT SIGNATURE:**

Date: